



Psychosynthesis Life Coach & Leadership Certification Program

BEGINS AUGUST 2026

Accredited by the Center for Credentialing & Education



PSYCHOSPIRITUAL
INSTITUTE



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The Institute

Our Mission & Vision

Psychospiritual Institute (PSI) serves as a global catalyst for the evolution of human consciousness. We provide a home for those called to lead from a place of wholeness, bridging the gap between transpersonal depth and practical action.

Our Unifying Framework

We believe that true leadership requires a synthesis of disciplines. Our curriculum brings together the depth of Transpersonal Psychology with the urgency of Deep Ecology and the strategic precision of Conscious Business.

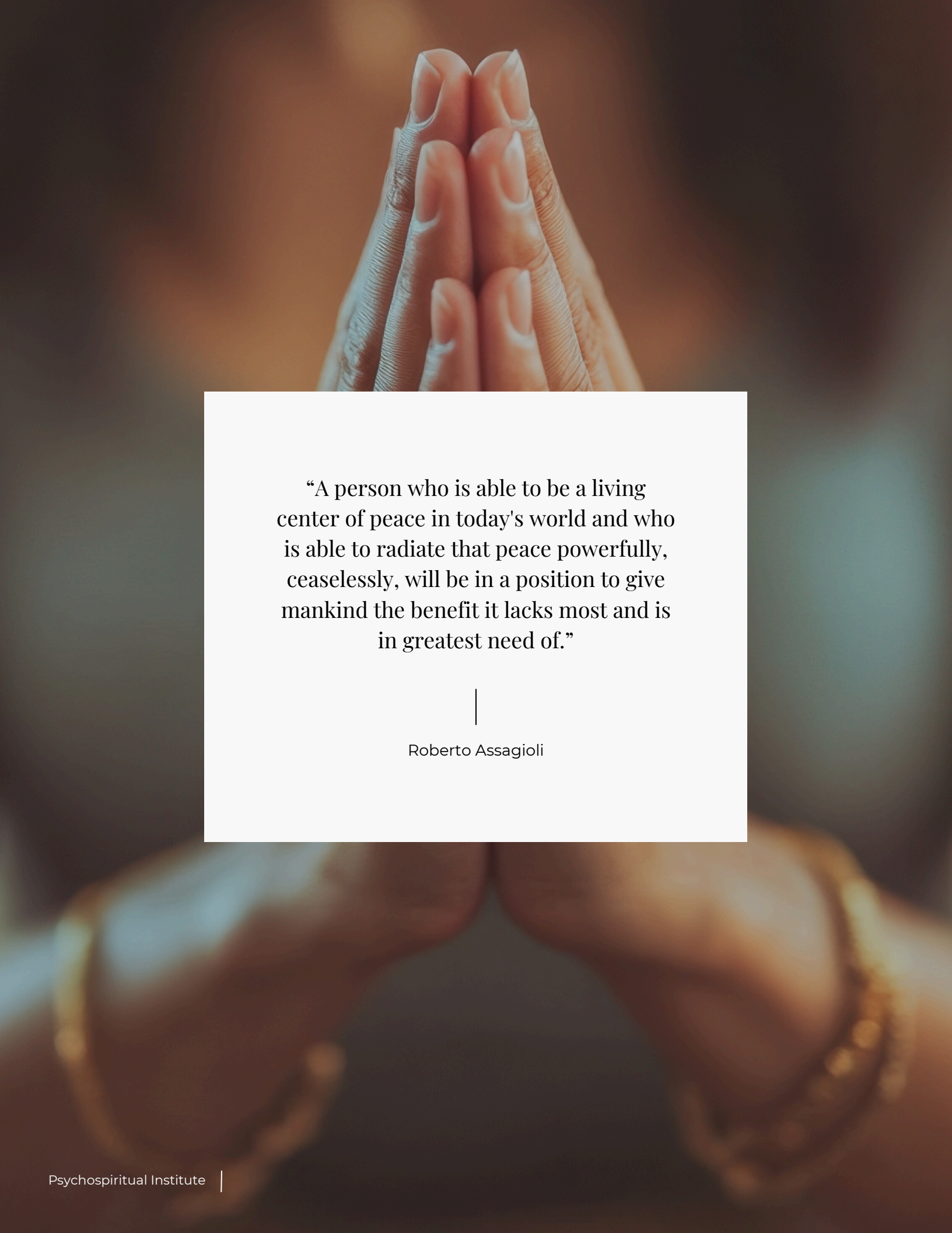
A Legacy of Depth

Rooted in Psychosynthesis, we utilize "The Science of the Soul" to help leaders access their highest intuition and purpose. We don't just train you to coach; we train you to hold space for the unfolding of human potential, starting with your own.

Accreditation & Professional Integrity

PSI is a CCE-accredited educational organization. Our rigorous standards ensure that our graduates are not only life coaches but recognized professional psychosynthesis guides eligible for the Board Certified Coach (BCC) credential.





“A person who is able to be a living center of peace in today's world and who is able to radiate that peace powerfully, ceaselessly, will be in a position to give mankind the benefit it lacks most and is in greatest need of.”

|
Roberto Assagioli



The World is Calling for Conscious Leaders

You feel it. The shift. The old ways of leading and living, built on force, burnout, and the illusion of fragmentation, are crumbling. We see it in our systems, our planet, and in the quiet fatigue of the modern soul. The world is no longer asking for more productivity; it is calling for a new kind of guide.

Psychospiritual Institute (PSI) is a catalyst for this change. We bridge the gap between inner wisdom and practical action. Our methodology isn't just a set of tools; it is a unifying framework that fuses the depths of Transpersonal Psychology with the urgency of Deep Ecology and the high-level strategy of Conscious Business.

We don't just train you to coach. We train you to hold a sacred container for the evolution of human potential, starting with your own. Through the lens of Psychosynthesis, you will learn to see not just the problems to be solved, but the "Self" waiting to be born.

This is the Path of the Guide. While standard coaching focuses on the "Individual in a vacuum," we recognize the individual as part of a Living System, connected to Community, Earth, and Cosmos. Here, you will move from battling "self-sabotage" to harmonizing the many parts of your psyche into a powerful, unified whole.

Your Evolution is the Strategy. Before you guide others, you must first awaken the Skillful Will within yourself. You will learn to step back as the Loving Observer, moving beyond the roles and traumas that have kept your true purpose in the shadows.

The March 2026 cohort is forming now. This is an intimate group of emerging leaders ready to align their professional lives with their soul's highest purpose.

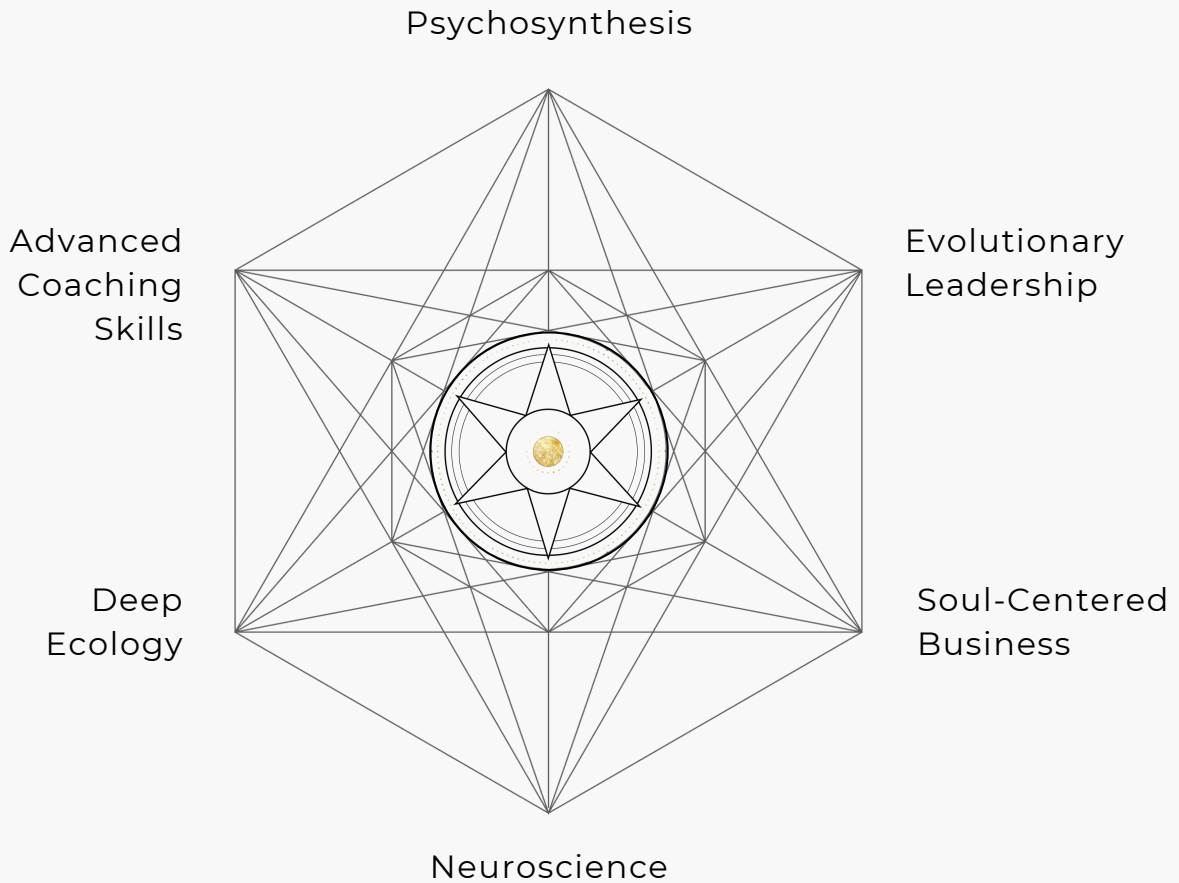
Will you answer the call?

"This program went beyond my expectations in terms of its quality, its depths and richness, and the level of genuine support and care from all the staff. In fact, after our first intensive weekend, I thought all my investment had been worth it just to experience that and could not imagine what more could come after that in terms of self-understanding and growth."

|
Michelangelo Arcamone, PLC



A Unifying Framework



The Methodology

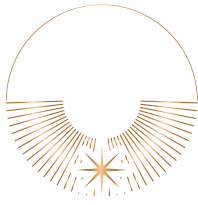
We do not teach these disciplines in isolation. We teach them as a living, breathing synthesis, empowering you to guide clients through the complexities of modern life with soul-centered ancient wisdom, psychology, spirituality, and science.



The transition from a standard life coach to a Psychosynthesis Life Coach is a movement from transactional results to transformational wholeness. It is an invitation to step beyond the limitations of "mindset work" and enter the expansive terrain of the soul, where your work as a guide is no longer about fixing problems, but about nurturing the evolution of human potential.

In a world that feels increasingly fragmented, Psychospiritual Institute offers a unifying framework that bridges ancient wisdom with modern science. By integrating Transpersonal Psychology, Deep Ecology, and Conscious Business, we empower you to lead from a center of pure presence, helping your clients harmonize their inner conflicts and align their lives with their highest purpose.

[**CLICK HERE**](#)
SCHEDULE YOUR ADMISSIONS CALL



The Depth Difference

Beyond "Mindset" A Psychospiritual Approach to Wholeness

Standard Life Coaching (The Old Paradigm)

Focuses on the individual
in a vacuum.

"Mindset Work": Changing
thoughts for results.

Battling the Critic to
defeat self-sabotage.

Willpower: Using grit and
force to push through.

Strengthening the Ego
and the personality.

Anthropocentric: Nature
as a resource.

Productivity, success, and
external milestones.

Learning to "fix" problems.

Psychosynthesis Life Coaching (Path of Synthesis)

The Living System: You,
Community, Earth, & Cosmos.

The Science of the Soul: Utilizing
Transpersonal Psychology.

Harmonizing Subpersonalities:
Synthesizing parts into wholeness.

The Skillful Will: Aligning personal
choice with Purpose.

Disidentification: Recognizing the
"Loving Observer".

Deep Ecology: The Earth as a living
partner in healing.

Synthesis: Psychological
integration and wholeness.

Evolution: Contributing to the
future of human potential.

The Journey: Core Curriculum

A Unifying Framework

Our 160-hour curriculum explores 7 Core Concepts of Psychosynthesis plus Deep Ecology and Conscious Business & Marketing with experiential and practical application.

01 The Self – The Way to Presence

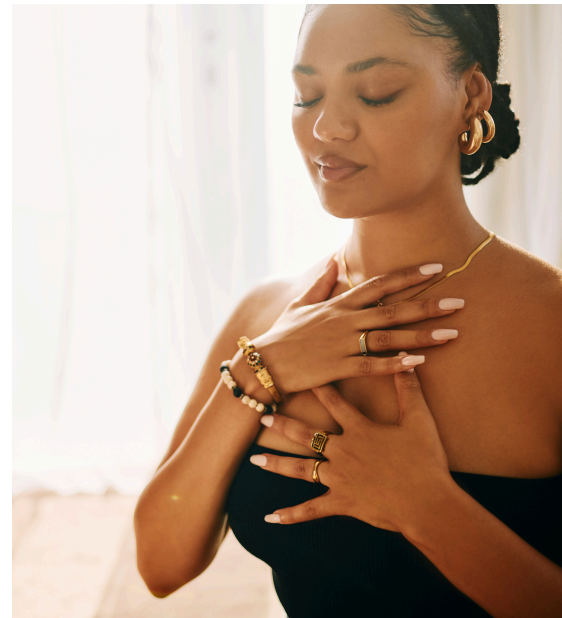
Discover the "Observer" within. Learn to hold a center of pure awareness amidst the chaos of life.

02 Synthesis – The Way to Flow

Move beyond fragmentation. Learn to harmonize conflicting parts of the psyche into a unified, powerful whole.

03 Disidentification – The Way to Freedom

You are not your pain, your thoughts, or your roles. Master the tools to detach from triggers and reclaim your sovereignty.



04 The Will – The Way to Power

Awaken the "Will", not as force, but as the fire of intention. Align daily choices with deepest values.

05 The Ideal Model – The Way to Focus

The neuroscience of becoming. Use visualization and brain-change science to embody the highest version of yourself (and your client).



06 The Self – The Way to Presence
Discover the "Observer" within. Learn to hold a center of pure awareness amidst the chaos of life. Practice the art of "Bifocal Vision."

07 The Superconscious – The Way to Abundance
Accessing your highest purpose and potential. Learn to coach from the "top down," accessing creativity, inspiration, and transpersonal qualities.

08 The Transpersonal Self – The Way to Love
Bridge the gap between the personal ego and the Universal. Experience the profound interconnectivity of all life.

09 Ecological Self + Leadership – The Way to Impact
Expand your identity to include the Earth. Learn to lead not just in business, but as a steward of the planet. Explore "The Work That Reconnects."

10 Soul-Centered Business & Marketing – The Way to Service
Build a thriving, ethical practice. Master authentic marketing, enrolling soulmate clients, and the business of changing lives.



"What an absolute honor to go on this journey with the Psychospiritual Institute. I HIGHLY recommend this 9-month transformative experience. Their systems of education are in depth and they take you so deeply into Self. I am forever changed, and cemented into my path as a full-time, professional Life Coach! I have endless gratitude."

|
Dominic Vetuschi, PLC





Designed for Depth & Flexibility

A Rigorous Path to Professional Mastery

The Schedule Rhythm

Your transformation **begins in August 2026**, and you graduate as a certified Psychosynthesis Life Coach (PLC) in May 2027.

We meet for over 40 live, online, and interactive classes held most **Wednesdays from 12-2 PM ET**. This rhythm allows for deep integration while still flowing through your daily life.

The Immersion Weekends

Three profoundly connecting Weekend Intensives held via Zoom. These are experiential retreats designed to move the work from the head to the heart through somatic and deep ecology practices.

Practice-Based Learning

Confidence is built through action. You will engage in regular Peer-to-Peer coaching and Supervised Coaching Labs, where you receive real-time feedback and guidance from our faculty to sharpen your mastery.

Accreditation

The Psychospiritual Institute is accredited by The Center for Credentialing & Education (CCE). Graduates of our program are certified as PLC and are also eligible to earn the Board Certified Coach (BCC) accreditation.



"A most wonderful deep dive into the Self, gaining wonderful tools along the way to then be integrated and shared for the healing of our world. I am forever grateful for the experience and for the amazing guides who held space for me, my beloved wife (as we shared the journey together), and all who shared in the space."



Adam Pacitti, PLC



Mentored by Masters

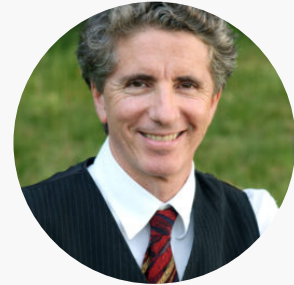
Instructors, Coaches & Mentors Who Walk the Path



Val Silidker, MS, BCC
Founder, Board Certified
Coach, Director



Alyssa Whitehouse, MBA, BCC
Founder, Board Certified Coach,
COO/CMO



Jon Schottland, MA, BCC
Senior Instructor,
Board Certified Coach



Vienna Jasmin, PLC
Lead Instructor, Lead
Mentor, Psychosynthesis
Life Coach



Ariana Vallejo, CCH, PLC
Lead Instructor, Student
Mentor, Psychosynthesis
Life Coach



Erin Ryan, ABS, PLC
Business & Student
Services Manager



Dr. Didi Firman, Ed.D., LMHC, BCC
Board Certified Coach, Author,
Senior Guest Instructor



Kenneth Sørensen, MA
Psychosynthesis Counselor
and Coach, Author, Senior
Guest Instructor

[CLICK HERE TO READ FACULTY BIOS & LEARN MORE](#)





The Journey to Depth & Mastery

2026 is calling for a new kind of guide. Whether you are stepping into this work for the first time or seeking to deepen an existing practice, this 160+ hour certification is designed to meet you exactly where you are. This is your invitation to a new beginning, to stop playing small and start stepping into the magnitude of your calling.

A Path to Professional Excellence

The Foundation (160+ Contact Hours): Extensive live, interactive training that exceeds standard industry requirements. We bridge the gap between transpersonal depth and practical coaching action.

A Note for Beginners: You do not need prior coaching experience to join this cohort. Our methodology provides the psychological foundations and spiritual depth needed to start your journey with excellence.

The Core Curriculum: Explore the "Science of the Soul" through 7 Core Concepts of Psychosynthesis, plus Deep Ecology and Evolutionary Leadership.

Practice-Based Learning: Build confidence through regular co-coaching with peers and supervised labs where you receive real-time feedback.

Your Tuition & Professional Support

Your tuition of \$9,997 opens a full ecosystem of professional development:

- **Personalized Mentorship:** Three private 1-on-1 calls with senior faculty and monthly small-group sessions ensure you never walk alone.
- **The Business Suite:** Specific guidance on launching or scaling your soul-centered practice with confidence and professional authority.
- **Lifetime Resource Access:** Unlimited access to our exclusive library of articles, psychosynthesis exercises, meditations, confidential recorded classes, sample coaching conversations, coach forms, assessments, and business templates.
- **Bonus Gift:** Lifetime access to our Self-Coaching Mastery Course—a cornerstone for your personal evolution (A \$2,988 value).

Accessibility & The "Pay It Forward" Path: We believe financial barriers should not stand in the way of a true calling.

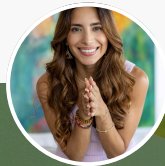
Payment Plans: Flexible internal plans offered directly through PSI.

Third-Party Financing: We support Klarna, PayPal Credit, and personal loan options.

"Pay It Forward" Scholarship: A financial aid scholarship is available for emerging guides in need who are ready to step into their power.

"Going through this program was such a powerful experience. I feel so ready to go out there and share all the incredible tools, practices, and guidance of Psychosynthesis. This work has had a great impact on my life, and I have been doing deep work for a long time. It's given a framework and a language to some of my peak life experiences expanding my awareness, inspiring determination, and leaving me feeling capable of taking action at will. It's been so beautiful to witness the person you are guiding find those connections as well. I am forever grateful for this opportunity."

|
Sandra Trujillo, PLC





The Invitation

Answer the call

The August 2026 cohort is forming now. This is an intimate group of emerging leaders, and space is limited. If you are ready to align your career with your soul's purpose, we invite you to begin the conversation.

CLICK HERE
SCHEDULE YOUR ADMISSIONS CALL

CLICK HERE
EXPLORE SOME GRADUATE STORIES



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